

## EMENTA SEMANAL | WEEKLY MENU

### Segunda-feira | Monday , 14/11/2016

Sopa de alho francês | Leek Soup

Bacalhau à espiritual | Codfish "à espiritual"

Strogonoff de porco | Pork strogonoff

Arroz de pato | Duck Rice

Favas guisadas com cenoura e seitan | Stewed Beans with Carrots and Seitan

### Terça-feira | Tuesday, 15/11/2016

Sopa de feijão | Bean Soup

Filetes de granadero com arroz de cenoura | Granadier Fillets with Carrot Rice

Frango com cerveja | Chicken with Beer

Beringelas recheadas com carne de vaca e bacon | Filled Eggplants with Beef  
and Bacon

Quiche de legumes | Vegetables Quiche

